



# SHAUNTI FELDHAHN

WRITING | SPEAKING | RESEARCH

Shaunti Feldhahn is a best-selling author (over 3 million books sold), popular speaker, and Harvard-trained social researcher. She is also a wife to Jeff and mom to two emerging adult children. Once an analyst on Wall Street, Shaunti now applies her analytical skills to investigate the little things that make a big difference for thriving in life, faith, and relationships.

Drawing on both science and scripture, she loves sharing her practical and eye-opening insights at events for women, marriages (joined by her husband, Jeff, a funny and engaging speaker who all the other husbands connect with), and even worship services (pastors often interview her onstage as the sermon time).

## WHAT PEOPLE ARE SAYING

"I wish you could have been a fly on a wall the past few days after Shaunti spoke at our annual women's event. Echoes of "Shaunti was phenomenal" were everywhere among our team! I couldn't agree more. She has such a gift of authenticity and storytelling that bring her research to LIFE! Her talk was the best part of the night."

Taylor Scott,  
Radio Host, Salem Media Group

## SPEAKING INQUIRIES

If you are interested in booking Shaunti as a speaker, please reach out to Nicole Owens for bookings.

Nicole Owens  
[speaking@shaunti.com](mailto:speaking@shaunti.com)



# SPEAKING TOPICS

*Shaunti would be thrilled to work with you to combine or customize various options that would bring life transformation for your church and community.*

## **Session 1 – Opening Our Eyes to What Matters**

Raise your hand if you’re ready for a break! Yeah? Me, too! Our lives can be so stressful, but God wants us to live a life of abundance and peace, not stress! So much of that stress comes because we are living in a way we are not designed. This retreat will dig out the truths we can see in both scripture and science. But in order to see how we are designed, what we are created for, what God has for us, our eyes first have to be opened to key big-picture, eternal truths we may have never seen before. (Scriptures include: 2 Cor 4:1-18, John 18:36, Eph 6:10-12, Heb 13:14)

## **Session 2 – Transforming Our Relationships**

If our key relationships are out of whack, it affects everything else in our lives. This is especially true in our closest romantic relationship, with a husband or boyfriend. We must learn how to “live at peace with all men” –literally! (Romans 12:18) But this truth also applies in our friendships, in the workplace, with our children. One of God’s great commands for relationships is kindness, because it has great power for transformation. We all value kindness –yet aren’t as kind as we think! How to practice true kindness-and watch God work. (Scriptures include 1 Thess 5)

## **Session 3 – Living according to our design**

So how do we thrive in a do-it-all world? How do we balance this crazy modern life, but from a purely biblical perspective? What does it mean to live according to how God designed us... and, just as important... to not live in a way we are not designed? Believe it or not, there is a roadmap in the bible that is just as relevant for women today, with all our modern challenges, as it was thousands of years ago when the Bible was written. (Scriptures include: Genesis 1:2, Gen 2:15-17, Gen 2:23-24, Genesis 3:1-6)

## **Session 4 – A better role model**

In order to truly thrive in a do-it-all world, we are going to have to let God control, rather than do what comes naturally and try to run our own lives, thank you very much. Even those of us who try very hard to let God have full authority over our lives, may not realize that we sometimes subtly try to remain in the driver’s seat. To truly live the life God has for us, we need a role model; a biblical figure we can look to as a wonderful example of the attitude that will please God and bring us fully into His best for our lives. (Scriptures include Luke 1:26-45, Luke 2:1-7, Luke 22:10-11)

## **Additional (or Replacement) Session if Desired:**

The Biblical Habits of Happiness: Finding Joy, Hope, and Peace No Matter What.

Paul said he had learned the “secrets” of being content regardless of circumstances. Scripture and science (e.g. neuroscience) provide practical steps based on God’s design and desire for us to live an abundant life (John 10:10). We can learn these biblical secrets! (Scriptures include Phil 4)