

helping you help them

Shaunti
feldhahn



Eye-opening surprises from nationally representative surveys of men, women and teens.



Love is in the air! Happy Valentine's season. It is my sincerest desire you find this newsletter useful in helping your clients, families and individuals you serve. In this quarterly issue, I'm excited to share with you a few of the 12 secrets of highly happy marriages I discovered in the three-year research for my new book, [The Surprising Secrets of Highly Happy Marriages](#). Get the link to a 30% discount on my products for 30 days. Don't miss a short video introduction to a few of the *Surprising Secrets of Highly Happy Marriages* which you can find below and on my website with easy embed codes to put on your FB, blog, website or share with clients, friends or families.

Shaunti

FOR YOU



IN MARRIAGE, THE LITTLE THINGS MAKE THE BIG DIFFERENCE.

If you work with marriages, you probably look out over your congregation – or across the counseling table – and wish you could do something to give hope to confused or discouraged couples. Well, here's some good news. I've found that one of the most effective things you can do is also the most simple: to knock down the subtle but widespread myth that marriage is utterly complicated and that most problems require serious, long-term intervention to solve. As I've interviewed and surveyed more than 12,000 men and women over ten years, it is clear that most people subconsciously feel that having a good marriage, or fixing a troubled one, requires a Ph.D. in psychology with a minor in mind-reading. _

[Read the rest of the article](#)



[An Overview of the Surprising Secrets of Highly Happy Marriages Plus 3/12 of the Secrets](#)

FOR THEM



BELIEVE THE BEST

There are some big-expectations days (anniversaries, birthdays –and Valentine’s Day!) that are great opportunities to demonstrate love for your spouse. Yet because these days come with high expectations, all of us know they are also potential traps for landmines of disappointments! Take a typical couple planning for Valentine’s Day.

Susan is privately hoping for a new piece of jewelry like so many of her friends have gotten the last few years. So when David presents her with a waffle iron, she’s hurt – doesn’t he know that you give personal gifts on Valentine’s Day like jewelry or perfume? He’s only thinking of himself because he’s the one that loves waffles.

[Read the rest of the article](#)



[Happy Couples...Believe the Best About Their Spouse No Matter What.](#)

UPCOMING EVENTS

Feb. 07-09 | Fellowship Bible Church | Roswell, GA
Feb. 16-23 | Love, Laugh and Learn Cruise | Caribbean
Feb. 23 | Crossroads Church | Avon, IN
March 29 | Soar - ISI | Lebanon, PA

[See Shaunti’s full schedule here.](#)

Interested in having Shaunti speak to your group?
Contact Naomi Duncan at NaomiDuncan@me.com
for more information.

WANT TO SHARE THIS NEWS- LETTER WITH A COLLEAGUE?

Just click Forward to Friend to the right. If this newsletter was forwarded to you, subscribe by [clicking here](#). Don't miss our [Resources for Leaders](#) on Shaunti.com too - you'll find more great content to help you help others.